

# NURSERY

## MENU - WEEK 1

WK Begging:  
16th July/ 13th Aug/10th Sept

Be smart, eat smart, think smart



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 07:00- 08:30	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water
<b>Snack</b> 9:30	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Lunch</b> 11:15 0-2's 11:30 2-5's	Spaghetti, Homemade Beef Bolognese in a Smooth Ratatouille Sauce with Carrots	Homemade Fish Pie with Carrots & Broccoli	Sausage & Root Mash with Gravy, Green Beans & Sweetcorn	Roast Chicken, Swede&Carrot Mash, Roast Potatoes & Peas	Lamb Kofta Kebabs with Roast Peppers & Red Onions, Rice and Tzatziki
<b>Dessert</b>	Banana Cake & Custard	Flapjacks	Homemade Rice Pudding & Jam	Drop Scones with Syrup and Bananas	Jelly & Ice Cream
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Snack</b> 14:00	Rice Cakes	Smoothy	Bread,Cucumber & Carrot Sticks with Dairylea	Malt Fruit Loaf	Cheese & Pinapple
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Tea</b> 15:45	Chicken Savoury Rice	Jacket Potatoes & Salad	Vegetable Soup & Toasties	Broccoli, Courgette, Red Pepper, Tomato Pasta Bake	Picnic Tea
<b>Dessert</b>	Yoghurt	Fresh Fruit	Yoghurt	Fresh Fruit	Yoghurt
<b>Drink</b>	Water	Water	Water	Water	Water

\*Subject to change. Subject to availability. Alternatives for allergies, intolerances, religion and preferences.

**STRICTLY A NO NUT SETTING**

# NURSERY

## MENU - WEEK 2

WK Begging:  
23rd July/ 20th Aug/ 17th Sept

Be smart, eat smart, think smart



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 07:00- 08:30	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water
<b>Snack</b> 9:30	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Lunch</b> 11:15 0-2's 11:30 2-5's	Chinese Chicken & Veg Stir Fry with Noodles & Prawn Crackers	Homemade Beef Chilli Con Carne with Rice, Carrots, Salsa & Nachos	Cheese, Pea & Broccoli Pasta Bake with Carrots, Cauliflower & Garlic Bread	Salmon Fishcakes, Sweet Potato Wedges, Sweetcorn, Carrots & Spaghetti Hoops	Home Baked Gammon, Egg and Chips with Baked Beans & Broccoli
<b>Dessert</b>	Chocolate Dipped Bananas	Cornflake Cake	Apple Crumble & Custard	Sticky Toffee Pud & Caramel Sauce	Viennetta
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Snack</b> 14:00	Savoury Rice Cakes	Bread, Cucumber & Carrot Sticks with Dairy Lea	Home Baked Muffin	Cheese & Pineapple	Malt Fruit Loaf
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Tea</b> 15:45	Pasta Soup	Variety of Sandwiches, Salad and Crisps	Homemade Sausage Roll with Cucumber and Cherry Toms	Pizza with a Variety of Toppings & Salad	Wholemeal Tuna & Cheese Toasties
<b>Dessert</b>	Fresh Fruit	Yoghurt	Fresh Fruit	Yoghurt	Fresh Fruit
<b>Drink</b>	Water	Water	Water	Water	Water

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**STRICTLY A NO NUT SETTING**

# NURSERY

## MENU - WEEK 3

WK Begging:  
30th July/ 27th Aug/ 24th Sept

Be smart, eat smart, think smart



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 07:00- 08:30	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water
<b>Snack</b> 9:30	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Lunch</b> 11:15 0-2's 11:30 2-5's	Homemade Beef Burgers, Homemade Coleslaw, Sweetcorn & Seasoned Wedges	Breaded Fish Fingers, Chips, Spaghetti, Peas & Carrots	Toad in the Hole, Hedgehog Pots, Cauliflower Cheese, Carrots & Broccoli	BBQ Pulled Pork, with Vegetable Chow Mein & Green Beans	Veg Lasagne, Homemade Coleslaw, Salad & Garlic Bread
<b>Dessert</b>	Chocolate Brownies	Coconut Sponge	Dipped Strawberries	Fruit Pie & Cold Vanilla Custard	Ice Cream Cornet
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Snack</b> 14:00	Cheese & Pinapple	Savoury Rice Cakes	Bread,Cucumber & Carrot Sticks with Dairylea	Malt Fruit Loaf	Smoothy
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Tea</b> 15:45	Chicken Dippers, Salad & Spaghetti Hoops	Filled Potato Skins with Corn on the Cob	Cheese & Crackers	Egg on Toast	Soup & Sandwich
<b>Dessert</b>	Yoghurt	Fresh Fruit	Yoghurt	Fresh Fruit	Yoghurt
<b>Drink</b>	Water	Water	Water	Water	Water

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# NURSERY

## MENU - WEEK 4

WK Begging:  
6th Aug/ 3rd Sept

Be smart, eat smart, think smart



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 07:00- 08:30	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water
<b>Snack</b> 9:30	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Lunch</b> 11:15 0-2's 11:30 2-5's	Beef Stew, Cabbage, Honey Roasted Carrots & Parsnips with Cubed Herb Potatoes	Sausage Plait, Potato Wedges, Carrots, Broccoli, Baked Beans & Gravy	Handmade Meatballs, Spaghetti with Ratatouille & Peas	Chicken Curry & Rice, with Broccoli & Cauliflower & Sweetcorn	Poached Fish in White Sauce, Root Mash, Peas, Green Beans & Carrots
<b>Dessert</b>	Ice Cream and Chocolate Sauce	100% Fruit Lolly	Strawberries & Shortbread	Chocolate Sponge and Chocolate Custard	Peaches and Cream
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Snack</b> 14:00	Cheese & Pinapple	Bread, Cucumber & Carrot Sticks with Dairy Lea	Savoury Rice Cakes	Malt Fruit Loaf	Home Baked Muffin
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Tea</b> 15:45	Crumpets and Toppers	Cold Pasta Salad with Cherry Toms	Chicken Noodle Soup	Beans on Toast with Grated Cheese	Stuffed Pepper with Cous Cous
<b>Dessert</b>	Fresh Fruit	Yoghurt	Fresh Fruit	Yoghurt	Fresh Fruit
<b>Drink</b>	Water	Water	Water	Water	Water

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**BREAKFAST & AFTER SCHOOL**

**HOLIDAY CLUB  
MENU - WEEK 1**

**WK Begging:  
16th July/ 13th Aug/10th Sept**

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Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast 07:00- 08:30</b>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk
<b>Tea 16:00</b>	All-day Breakfast with Hash-browns, Beans and Grilled Tomatoes	Pizza, Garlic Bread, Salad and Sweetcorn	Sausage & Root Mash with Gravy, Green Beans & Carrots	Roast Chicken, Swede & Carrot Mash, Roast Potatoes & Peas	Lamb Kofta Kebabs with Roast Peppers & Red Onions, Rice and Tzatziki
<b>Alternatives &amp; Sides</b>	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl
<b>Dessert</b>	Banana Cake & Custard	Flapjacks	Homemade Rice Pudding with Jam	Drop Scones with Syrup and Banannas	Ice Cream Cornet
<b>Drink</b>	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water

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**BREAKFAST & AFTER SCHOOL**

**HOLIDAY CLUB  
MENU - WEEK 2**

**WK Begging:  
23rd July/ 20th Aug/ 17th Sept**

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Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast 07:00- 08:30</b>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk
<b>Tea 16:00</b>	Chinese Chicken & Veg Stir-Fry with Noodles	Homemade Beef Chilli Con Carne with Rice, Salsa & Nachos	Mac & Cheese with Garlic Bread & Broccoli	Chicken Fajitas with Seasoned Wedges	Home Baked Gammon, Egg and Chips with Baked Beans
<b>Alternatives &amp; Sides</b>	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl
<b>Dessert</b>	Chocolate Swiss Roll	Cornflake Cake	Apple Crumble & Custard	Sticky Toffee Pud & Caramel Sauce	Viennetta
<b>Drink</b>	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water

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**STRICTLY A NO NUT SETTING**

**BREAKFAST & AFTER SCHOOL**

**HOLIDAY CLUB  
MENU - WEEK 3**

**WK Begging:  
30th July/ 27th Aug/ 24th Sept**

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Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast 07:00- 08:30</b>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk
<b>Tea 16:00</b>	Build a Burger with Toppings and Chips	Breaded Fish, Chips, Peas & Carrots	Toad in the Hole, Hasselback Potatoes , Cauliflower Cheese, Carrots & Broccoli	BBQ Pulled Pork, with Vegetable Chow Mein & Green Beans	Veg Lasagne, Coleslaw, Salad & Garlic Bread
<b>Alternatives &amp; Sides</b>	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl
<b>Dessert</b>	Chocolate Brownies	Coconut Sponge	Strawberry Mousse	Fruit Pie & Cold Vanilla Custard	Ice Lollies
<b>Drink</b>	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water

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**STRICTLY A NO NUT SETTING**



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 07:00- 08:30	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk
<b>Tea</b> 16:00	Fish Fingers in a Bun, Tiger Fries, Coleslaw and Sweetcorn	Sausage Plait, Wedges, Spaghetti with Broccoli & Carrots	Homemade Meatballs & Spaghetti in a Smooth Ratatouille	Chicken Curry & Rice with Broccoli & Cauliflower	Hunters Chicken, Chips, Broccoli & Carrots
<b>Alternatives &amp; Sides</b>	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl	Pasta Bar & Salad Bowl
<b>Dessert</b>	Choc-Ice	100% Fruit Lolly	Strawberries & Shortbread	Chocolate Sponge and Chocolate Custard	Yoghurts
<b>Drink</b>	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water

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