

**BREAKFAST & AFTER SCHOOL / HOLIDAY CLUB
MENU - WEEK 4**

eat smart, think smart, be smart



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 07:00- 08:30	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
Drink	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk
Tea 16:00	Hot Dog in a Bun, Wedges, Beans and Sweetcorn	Sausage Plait, Wedges, Beans, Gravy with Broccoli & Carrots	Homemade Meatballs & Spaghetti in a Smooth Ratatouille Sauce & Peas	Chicken Curry & Rice with Broccoli, Sweetcorn & Cauliflower	Hunters Chicken, Chips, Broccoli & Carrots
Dessert	Chocolate Mousse	American Soft Bake Cookie	Homemade Shortbread	Chocolate Sponge and Chocolate Icing	Yoghurts
Drink	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water

**Subject to change. Subject to availability. Alternatives for allergies, intolerances, religion and preferences.*

STRICTLY A NO NUT SETTING