

**BREAKFAST & AFTER SCHOOL / HOLIDAY CLUB  
MENU - WEEK 5**

*eat smart, think smart, be smart*



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast 07:00- 08:30</b>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk	Water, Diluted Orange/Apple Juice & Milk
<b>Tea 16:00</b>	Penne Pasta in a Rich Beef Napoli Sauce with Garlic Bread and Peas	Chefs Thai Chicken Curry with Broccoli, Carrots & Rice	Savoury Filled Slices with Waffle, Spaghetti & Carrots	Chicken Dippers, Chips, Sweetcorn and Beans	Spaghetti in a Light Creamy Cheese & Ham Sauce with Wilted Kale and Sweetcorn
<b>Dessert</b>	Ginger Cake and Icing	Lemon Drizzle Cake	Millionaire Shortbread	Jam Doughnuts	Cinnamon Wheels with White Icing
<b>Drink</b>	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water	Diluted Fruit Squash or Water

\*Subject to change. Subject to availability. Alternatives for allergies, intolerances, religion and preferences.

**STRICTLY A NO NUT SETTING**