

# NURSERY MENU

## WEEK 2

eat smart, think smart, be smart



Meal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 07:00- 08:30	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>Drink</b>	Milk/Water	Milk/Water	Milk/Water	Milk/Water	Milk/Water
<b>Snack</b> 9:30	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit	Fresh Fruit	Fresh & Dried Fruit
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Lunch</b> 11:15 0-2's 11:30 2-5's	Chinese Chicken & Veg Stir Fry with Noodles & Prawn Crackers	Homemade Beef Chilli Con Carne with Rice, Carrots, Salsa & Nachos	Macaroni Cheese, with Carrots, Peas and Broccoli	Lemon and Dill Fishcakes, Sweet Potato Wedges, Sweetcorn & Spaghetti Hoops	Home Baked Gammon, Egg and Chips with Baked Beans & Broccoli
<b>Dessert</b>	Chocolate Dipped Bananas	Cornflake Cake	Apple Crumble & Custard	Sticky Toffee Pud & Caramel Sauce	Viennetta
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Snack</b> 14:00	Biscuit	Bread, Cucumber & Carrot Sticks	Toasted Buttered Bagel	Cheese & Pineapple	Wholemeal Pitta & Hummus
<b>Drink</b>	Water	Water	Water	Water	Water
<b>Tea</b> 15:45	Chef's Soup of the Day with Bread & Butter	Variety of Sandwiches, Salad and Crisps	Homemade Sausage Roll with Cucumber and Tomatoes	Pizza with a Variety of Toppings & Salad	Double Cheese Wraps with Mini Cheese Biscuit Bites
<b>Dessert</b>	Fresh Fruit	Yoghurt	Fresh Fruit	Yoghurt	Fresh Fruit
<b>Drink</b>	Water	Water	Water	Water	Water

\*Subject to change. Subject to availability. Subject to weaning (alternatives will be presented). Alternatives for allergies, intolerances, religion and preferences.

**STRICTLY A NO NUT SETTING**